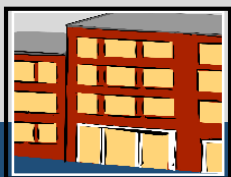


Tips to Select the Right Urology Catheter

Finding the best catheter supply products can take time!
Your care team can help identify the best sample catheters to try before making your decision. Knowing who can help is a great first step!

Before making a decision, consider:
fine motor skills, thinking skills, who will perform the cathing, and where it will be done.



Catheter Manufacturer

The manufacturer is the company or brand that makes catheters. Manufacturer representatives can answer questions specific to their products.

Manufacturers have websites with videos on how to use each catheter.

Manufacturers offer support programs to help navigate questions and concerns that come up over time.

Manufacturers often know which supply companies carry their products and can be a resource to get you the supplies you need.

Medical Supplier

The medical (catheter) supplier will fill your supply prescription and ship materials to your home. Suppliers carry catheters from several different manufacturers.

There are many suppliers; your care team can provide a list of options.

Suppliers should provide the specific product(s) prescribed and deliver in a timely manner.

It is your right to select or change suppliers in order to meet your needs; it may be dependent on location and insurance.

If your insurance does not cover your catheter of choice, your supplier may need to work with your care team to prove that it is necessary and why it is the best option.

Your Care Team

Your care team can help you problem solve how to complete your routine at home, school and in the community. They can help to customize your catheterization schedule.

The provider prescription can request different types of catheters for different situations (called a split order).

Your care team can recommend support groups, apps, books and videos to help you learn and adapt.

Follow up with your urologist and any other care team members as recommended.

Care team members may include:

- Urologist
- Therapy team
- Case manager/Social worker
- Child life specialists
- Counselors
- School staff
- Pediatrician & Physiatrist
- Nurses
- Medical supplier
- Catheter manufacturer
- And **You!**

Don't Give Up!

- If your catheter is too stiff, bendy, slippery, hard to open, uncomfortable, hard to use at school or creating a barrier – **ask to try samples!**
- Different catheter types are available to match the needs of your child's changing body and the demands of their day – **It is OK to change!**
- **Keep trying** and once you find a catheter that works for you, ask your provider to write a new prescription.