

# Components of Movement & the Principles of Neuro-Developmental Treatment (NDT)

This course is designed for physical and occupational therapists and speech language pathologists working with children who have developmental disorders. Lecture information will focus on NDT Treatment Principles. Labs and videotapes will be used to problem solve system impairments for children in general, and for the specific child who will be treated in the demonstration session. Facilitation labs with classmates will augment the therapist's understanding of treatment techniques. Participants should wear comfortable clothes for labs.

Blythedale Children's Hospital is recognized by NYS ED as an approved provider for continuing education in the areas of Physical Therapy, and we have applied for 33 contact hours.

## Date & Time

Monday through Friday, October 28 through November 1, 2024, 8:30 a. m.– 5:00 p. m.  
One hour each day will be set aside for lunch and 2 breaks will be provided.

## Location

Blythedale Children's Hospital,  
95 Bradhurst Ave. , Valhalla, NY 10595

**This course is open to 30 therapists.  
Bring an orange or green gymnastic ball.**

## PROGRAM OBJECTIVES

The participant shall:

- Demonstrate an understanding of the intricate subtle components of typical and atypical motor development and their interplay.
- Discuss the principles of assessment and treatment used in NDT and the appropriate application of these principles.
- Analyze atypical movements and compensations in patients and discuss how these movements interfere with functional activities.
- Practice NDT facilitation techniques with classmates.
- Critically analyze demonstrations of patient assessment, treatment techniques and sequences.

## Fee:

\$1,200.00–Mail in with registration ASAP

**No refunds issued  
if canceling after 10/1/24**

This fee includes the new version of "Components of Typical and Atypical Motor Development."

Participants are encouraged to familiarize themselves with the book "Facilitation Techniques Based on NDT Principles" by Lois Bly and Allison Whiteside.

**Participants should bring a moveable doll approx. 24" which will be used during the lectures and labs.**

## REGISTRATION

Name / Discipline \_\_\_\_\_

License # \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Employer \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Work Phone \_\_\_\_\_

Please return this completed registration portion of the brochure with your check or credit card info. ASAP payable to Blythedale Children's Hospital:

Send to: Ms. Rae Krauss  
Blythedale Children's Hospital  
95 Bradhurst Avenue  
Valhalla, NY 10595

Credit card type: \_\_\_\_\_

Card #: \_\_\_\_\_

Exp. Date: \_\_\_\_\_ Security #: \_\_\_\_\_

**Call: 914-592-7555, ext. 71575 or email to Raek@blythedale.org for more info.**

DETACH HERE AND MAIL

## INSTRUCTOR

**Lois Bly, P.T., MA, C/NDT**, is an NDTA Coordinator Instructor and clinician who has offered seminars, workshops and NDT certification courses throughout the United States and many other countries. Ms. Bly was certified in Neuro-Developmental Treatment by the Bobaths in London and received her NDT Instructor's Certification from Mary Quinton and Dr. Elsbeth Koeng of Switzerland. She received her Master's Degree in Motor Learning at Teachers College, Columbia University. Ms. Bly is the author of several books: *Baby Treatment Based on NDT Principles*; *Motor Skills Acquisition in the First Year*; *Motor Skills Checklist*; *Facilitation Techniques Based on NDT Principles*, coauthored with Allison Whiteside; and *Components of Typical and Atypical Motor Development*. In 2000, she received the NDTA Award of Excellence. In 2009 she received the APTA Pediatric Section Jeanne Fischer Mentorship Award. Ms. Bly was previously Physical Therapy Chief at Blythedale Children's Hospital.

**BLYTHEDALE  
CHILDREN'S HOSPITAL**  
Valhalla, New York 10595-1697

**COMPONENTS OF  
MOVEMENT &  
THE PRINCIPLES OF  
NEURO-DEVELOPMENTAL  
TREATMENT (NDT)**

**October 28 – November 1, 2024**

**BLYTHEDALE  
CHILDREN'S  
HOSPITAL  
DEPARTMENT OF  
REHABILITATION  
MEDICINE  
PRESENTS:**

**COMPONENTS OF  
MOVEMENT &  
THE PRINCIPLES OF  
NEURO-DEVELOPMENTAL  
TREATMENT (NDT)  
WITH LOIS BLY, PT, MA, C/NDT**

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