

Musculoskeletal Management in Pediatrics

Continuing Medical Education Conference



Friday, Dec. 2, 2016
7:30 a.m. to 4:30 p.m.

Saint Paul RiverCentre
175 West Kellogg Blvd.
St. Paul, MN 55102



**Gillette
Children's**

Specialty Healthcare

Intended for pediatricians, family practice physicians, physician assistants, nurse practitioners, nurses, physical therapists, occupational therapists, orthotists and prosthetists.

Course Description

This course will examine a variety of musculoskeletal conditions that primary care physicians, physician assistants, nurse practitioners, nurses, physical and occupational therapists, orthotists, and prosthetists might encounter. Lectures and workshops will focus on physical examination, differential diagnosis, and initial and long-term care for pediatric patients who have congenital and acquired musculoskeletal conditions. Participants will receive individual instruction from pediatric orthopedic surgeons practicing at Gillette.

Course Objectives

At the completion of the course, participants should be able to:

- Identify causes of musculoskeletal issues in children.
- Describe surgical/nonsurgical management of musculoskeletal issues in children.
- Review the differential diagnosis of selected pediatric musculoskeletal issues, including the key indicators of severity and treatment urgency.
- Practice hands-on techniques for evaluating and treating selected musculoskeletal issues in children.

Accreditation

Gillette Children's Specialty Healthcare is accredited by the Minnesota Medical Association to provide continuing medical education (CME) for physicians. Gillette takes responsibility for the content, quality and scientific integrity of this activity.

Gillette designates this live educational activity for a maximum of *6.5 AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This CME-accredited activity meets the requirements for a maximum of 6.5 continuing education credits for physical therapists. If you have questions, please contact your state board.

This activity is designed to meet the Minnesota Board of Nursing continuing education requirements for 7.8 contact hours. It is the responsibility of the participant to determine if this program meets Minnesota Board of Nursing rules relating to mandatory continuing education provisions of the Minnesota Nurse Practice Act.

On behalf of orthotists, the sponsors of this workshop have filed a request with the American Board of Certification in Orthotics and Pedorthotics for 6.5 hours of continuing education credit.



AGENDA

7:30 a.m.	Registration and Continental Breakfast
7:55 a.m.	Welcome and Announcements
8:00 a.m.	When Good Toys Go Bad Elizabeth Weber, MD
9:00 a.m.	Perspectives on Motor Delay Timothy Feyma, MD Marcie Ward, MD
10:00 a.m.	Break
10:15 a.m.	Pediatric Orthopedic Concerns You Don't Want to Miss Alison Schiffern, MD
11:15 a.m.	Name That Tone Mark Gormley Jr., MD
12:15 p.m.	Lunch
1:15 – 1:55 p.m.	Breakout Session A lecture or workshop
2:00 – 2:40 p.m.	Breakout Session B lecture or workshop
2:40 – 3:05 p.m.	Break
3:05 – 3:45 p.m.	Breakout Session C lecture or workshop
3:50 – 4:30 p.m.	Breakout Session D lecture or workshop

For details about breakout sessions, see next page.

Breakout Sessions

During each breakout session, you may attend a lecture or one of five workshops. The same workshops are offered during all four sessions.

Lectures

Breakout Session A	Orthopedic Trauma Walter Truong, MD
Breakout Session B	Return to Play After Concussion Angela Sinner, DO Jennifer Nelson, PT
Breakout Session C	Birth Brachial Plexus Injuries Michael Partington, MD Ann Van Heest, MD
Breakout Session D	Complex Regional Pain Scott Schwantes, MD Laura Gueron, PT

Workshops

Each workshop is offered during all four breakout sessions.

1. **Tips and Tactics for the Clinical Exam**
2. **Focused Exam: Hip**
3. **Focused Exam: Upper Extremity**
4. **Focused Exam: Foot**
5. **Focused Exam: Spine and Back Pain**

Tips and Tactics for the Clinical Exam will focus on common in-office assessment including torsional/hypermobility and knee and shoulder exams. **Focused Exam** workshops will provide in-depth looks at the examination processes for particular musculoskeletal concerns.

CONFERENCE REGISTRATION

Musculoskeletal Management in Pediatrics

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To register online and pay by credit card, go to gillettechildrens.org/MedicalEducation.

To pay by check or money order, fill out and mail this form.

Registration is limited; please sign up early!

Name _____

Profession/Credentials _____

Specialty _____

Institution/Clinic _____

Address _____

City _____ State _____ ZIP _____

Daytime Phone (____) _____

Email _____

(Required for registration and confirmation)

*Special needs (mobility, hearing, vision, meals) _____

*All requests will be kept confidential.

Registration Fees

\$200 Physicians

\$125 Other medical professionals, residents and fellows

Please make check or money order payable to Gillette Children's Specialty Healthcare.

Mail check and registration form to:

Gillette Children's Specialty Healthcare

Attn: Amy Schall, Continuing Medical Education

Internal ZIP 010601

200 University Ave. E.

St. Paul, MN 55101

Phone: 651-265-7387 or 800-719-4040 (toll-free)

Detach and return registration form.

Register for breakout sessions on back.



Breakout Sessions Registration

1:15 – 1:55 p.m. Breakout Session A

(check one)

- Lecture – Orthopedic Trauma
- Workshop 1 – Tips and Tactics for the Clinical Exam
- Workshop 2 – Focused Exam: Hip
- Workshop 3 – Focused Exam: Upper Extremity
- Workshop 4 – Focused Exam: Foot
- Workshop 5 – Focused Exam: Spine and Back Pain

2:00 – 2:40 p.m. Breakout Session B

(check one)

- Lecture – Return to Play After Concussion
- Workshop 1 – Tips and Tactics for the Clinical Exam
- Workshop 2 – Focused Exam: Hip
- Workshop 3 – Focused Exam: Upper Extremity
- Workshop 4 – Focused Exam: Foot
- Workshop 5 – Focused Exam: Spine and Back Pain

3:05 – 3:45 p.m. Breakout Session C

(check one)

- Lecture – Birth Brachial Plexus Injuries
- Workshop 1 – Tips and Tactics for the Clinical Exam
- Workshop 2 – Focused Exam: Hip
- Workshop 3 – Focused Exam: Upper Extremity
- Workshop 4 – Focused Exam: Foot
- Workshop 5 – Focused Exam: Spine and Back Pain

3:50 – 4:30 p.m. Breakout Session D

(check one)

- Lecture – Complex Regional Pain
- Workshop 1 – Tips and Tactics for the Clinical Exam
- Workshop 2 – Focused Exam: Hip
- Workshop 3 – Focused Exam: Upper Extremity
- Workshop 4 – Focused Exam: Foot
- Workshop 5 – Focused Exam: Spine and Back Pain



DETAILS

Location

Saint Paul RiverCentre
175 West Kellogg Blvd.
St. Paul, MN 55102
(651) 265-4800
rivercentre.org

A detailed map will be sent with your confirmation.

Accommodations

Holiday Inn St. Paul Downtown – 0.1 miles
175 W. 7th St.; St. Paul, MN 55102
651-225-1515 holidayinn.com/stpaulmn

InterContinental St. Paul Riverfront – 0.15 miles
11 E. Kellogg Blvd.; St. Paul, MN 55102
651-292-1900 cpstpaul.com

The Saint Paul Hotel – 0.3 miles
350 Market St.; St. Paul, MN 55102
651-292-9292 saintpaulhotel.com

Registration Information

The conference registration fee is \$200 for physicians, \$125 for other medical professionals, residents and fellows. The fee includes continental breakfast, lunch and continuing medical education credit. Registration—less a \$50 administrative charge—is refundable after the conference if cancellation is received 48 hours prior to the conference.

For more information, call Amy Schall at 651-265-7387 or 800-719-4040 (toll-free) or email her at aschall@gillettechildrens.com.

To register online and pay by credit card, go to gillettechildrens.org/MedicalEducation.

Planning Committee

Stephen Sundberg, MD
Pediatric Orthopedic Surgeon
Conference Medical Director

Kevin Walker, MD
Pediatric Orthopedic Surgeon

Melissa Forrest, PT
Supervisor, Rehabilitation Therapies

Continuing Medical Education Committee
Gillette Children's Specialty Healthcare



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