

Pediatric Orthopaedic & Sports Medicine Seminar



A Multidisciplinary Approach to Providing Quality
Musculoskeletal Care From Elementary School to High School

Saturday, November 5, 2016

Crowne Plaza Atlanta Perimeter at Ravinia
4355 Ashford Dunwoody Rd.
Atlanta, GA 30346
choa.org/cmeevents



Children'sSM
Healthcare of Atlanta
Dedicated to All Better

Registration

Pediatric Orthopaedic and Sports Medicine Seminar

A Multidisciplinary Approach to Providing Quality Musculoskeletal Care
From Elementary School to High School

Saturday, November 5, 2016

Early Registration (Ends Wednesday, October 5, 2016)

- \$230 - Physicians
- \$205 - Children's Healthcare of Atlanta medical staff
- \$180 - Allied health professionals (R.N., P.T., A.T.C.)
- \$170 - Children's Healthcare of Atlanta allied health professionals (R.N., P.T., A.T.C.)

Regular Registration Fees

- \$265 - Physicians
- \$240 - Children's Healthcare of Atlanta medical staff
- \$215 - Allied health professionals (R.N., P.T., A.T.C.)
- \$205 - Children's Healthcare of Atlanta allied health professionals (R.N., P.T., A.T.C.)

Credit card, check and Children's Healthcare of Atlanta departmental accounts are accepted for payment.

Refund Policy: *If you must cancel your registration, notify us at least seven days before the course and we will issue a refund (minus a \$25 administration fee). No-shows or cancellations received fewer than seven days prior to the course are ineligible for a refund.*

Course Materials

In order to preserve paper, Children's will provide the option for a "paperless syllabus" for this conference. Included in the registration price of the conference will be access to our Pediatric Orthopaedic and Sports Medicine Seminar app. Instructions to download the app to any tablet/device will be provided upon registration. A paper syllabus may be purchased for an additional \$40 during the registration process.



Register Online

Visit choa.org/cmeevents to register

Call 404-785-7703 if you are not able to register online.

Registration confirmation will be sent by email.

Agenda

Course Description

Successful management of pediatric orthopaedic and sports medicine pathology requires an accurate diagnosis. The changing landscape of healthcare requires greater value and improved outcomes. Getting the **right** patient to the **right** provider for the **right** treatment at the **right** time improves value and outcomes.

This unique, multidisciplinary conference will incorporate two separate tracks, which are designed to improve quality and add value by:

- Avoiding diagnostic pitfalls
- Optimizing diagnostic efficiency
- Discussing indications for and efficiencies of rehabilitation
- Accelerating functional return to play

Two separate education tracks will be provided for attendees. Attendees are welcome to choose between the tracks throughout the day. The Provider Track will consist of didactic lectures to include differential diagnosis, algorithms, diagnostic testing and when to refer. The Allied Health Track will include a discussion of underlying pathophysiology, importance of introducing rehabilitation early, therapeutic algorithms and setting and achieving goals. Each Allied Health Track will conclude with a panel discussion including physicians and allied health professionals.

Saturday, November 5, 2016

- 7:30 a.m. Registration and Breakfast
- 8:00 a.m. **Welcome**
Dana Olszewski, M.D., M.P.H.
- 8:05 a.m. **Pediatric & Adolescent Cervical Spine Injuries**
Barunashish Brahma, M.D.
- 8:55 a.m. **Concussion Update 2016: Facilitating Return to Learn**
David Marshall, M.D. (25 min)
Concussion: Common Vestibular Abnormalities and Treatment Interventions
Allen Jarratt, P.T., D.P.T., M.T.C. (25 min)
- 9:45 a.m. Break
- 10:00 a.m. Breakout Sessions
Neurosurgery Evaluations-- Barunashish Brahma, M.D.
or
Is That Tumor a Cancer?—Jorge Fabregas, M.D.
- 11:00 a.m. **Provider Track: ELBOW PAIN**
Common Elbow Maladies in Young Athletes
Michael T. Busch, M.D.
- Allied Health Track: KNEE PAIN**
Patellofemoral Joint: Patella Dislocation, Patellofemoral Pain, Osgood-Schlatters and Sinding-Larsen-Johansson
Albert Pendleton, M.D. (20 min) and Megan Carter, P.T., D.P.T., S.C.S., C.S.C.S. (30 min).
Panel Discussion - Albert Pendleton, M.D. and Megan Carter, P.T., D.P.T., S.C.S., C.S.C.S. (10 min).

Agenda

- 12:00 p.m. Lunch (provided)
- 1:00 p.m. **Limb Length Discrepancies**
Jill C. Flanagan, M.D.
- 1:30 p.m. **Provider Track: KNEE PAIN**
Ace wrap or Arthroscopy?
S. Clifton Willimon, M.D.
- Allied Health Track: HAND PAIN**
A Systematic Approach to Hand Pain in the Young Athlete
Joshua A. Ratner, M.D. (20 min)
Differential Diagnosis For Wrist and Thumb Pain
Amy Bohn, C.P.A.M., O.T.R./L (30 min)
Panel Discussion - Joshua A. Ratner, M.D., Justin Kunes, M.D. and Amy Bohn, C.P.A.M., O.T.R./L (10 min).
- 2:30 p.m. Break
- 2:45 p.m. **Provider Track: HAND PAIN**
What Every Pediatrician Should Know About Pediatric/ Adolescent Sports Injuries to the Hand and Upper Extremity
Joshua A. Ratner, M.D.
- Allied Health Track: ELBOW PAIN**
Common Elbow Maladies in Young Athletes
Michael T. Busch, M.D. (20 min) and Kelli McLaren, P.T., D.P.T., S.C.S., C.M.T.P.T. (30 min)
Panel Discussion - Michael T. Busch, M.D. and Kelli McLaren, P.T., D.P.T., S.C.S. , C.M.T.P.T. (10 min).
- 3:45 p.m. **FAST TRACKS** Combined Sessions (15 min each)
Scoliosis Screening
Mary Lou Oliver, R.N., B.S.N., M.S.P.H.
Femoroacetabular Impingement (FAI)
Tim Schrader, M.D.
Slipped Capital Femoral Epiphysis (SCFE)
Nicholas D. Fletcher, M.D.
Winning at Any Cost: A Review of Performance Enhancing Drugs
Diane King, M.S., L.A.T., A.T.C., R.D., C.C.S.D.
Stress Fractures
Melissa Christino, M.D.
- 5:00 p.m. Adjourn

The agenda is subject to change.

Some physicians and affiliated healthcare professionals on the Children's Healthcare of Atlanta team are independent providers and are not our employees.

General Information

Target Audience

This course is designed for primary care physicians, family physicians, emergency department/urgent care physicians, nurse practitioners, physician assistants, physical therapists and athletic trainers involved in the care of children and teens with orthopaedic conditions and sports injuries. Participants are welcome to choose either track throughout the seminar to meet their educational needs.

Objectives

At the completion of this conference, the participant should be better able to:

- Discuss current information about the management of common orthopaedic conditions and concussions in pediatrics and adolescents.
- Avoid common diagnostic errors related to pediatric orthopaedic anomalies.
- Analyze potential complications that may occur when managing a child with an orthopaedic condition.
- Differentiate conditions in children with symptoms of pain of the hand, elbow and knee.
- Evaluate conditions related to common sports injuries.
- Discuss the role of the primary care provider in treating sports related injuries as well as appropriate conditions for referral.
- Discuss the importance of sports-specific exercises in the rehabilitation process.
- Describe vestibular related conditions that can contribute to prolonged symptoms post concussion: BPPV, cervicogenic dizziness, peripheral and central vestibular disorders, and gait/balance disturbance.
- Create a differential diagnosis of a tumor according to location of the bone lesion and age of the patient.
- Identify common tumors/lesions that do not require surgical intervention and those that require referral to a specialist.
- Discuss next diagnostic imaging required to distinguish lesions.
- Discuss therapy interventions for Scaphoid fracture, Kienbocks and thumb MP joint pain.
- Facilitate the development of a differential diagnosis based upon the location of the hand pain
- Demonstrate proper exam techniques to differentiate diagnostic possibilities for hand injuries
- List hand injuries that would most benefit from prompt referral to pediatric hand subspecialist.
- Identify common causes of knee pain in the pediatric and adolescent population.
- Recognize key history and physical exam findings to differentiate various pediatric knee disorders.

General Information

Continuing Education Units

Children's Healthcare of Atlanta is accredited by the Medical Association of Georgia to provide continuing medical education for physicians.

Children's designates this live activity for a maximum of 7.5 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Continuing Education Units (CEU) have been applied for through the **Physical Therapy Association of Georgia (PTAG)** for **7.5 contact hours** for Physical Therapists. These credits may also apply toward out-of-state licensure.

Children's Healthcare of Atlanta is an approved provider of continuing nursing education by **The Alabama State Nurses Association**, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

All programs are intended to be accessible to all persons. If you have a disability and require assistance to fully participate in the conference activities, contact the conference coordinator to discuss your specific needs.

Children's Healthcare of Atlanta resolves to ensure that its educational mission and continuing medical education activities remain independent from special interests of any corporation or individual associated with its program. While having a financial interest or professional affiliation with a corporation does not necessarily influence a speaker's presentation, the standards of the Accreditation Council for Continuing Medical Education require that this relationship is disclosed to the audience. Participants learn of any potential conflict of interest at the beginning of the conference.

Location/Accommodations

Crowne Plaza Atlanta Perimeter at Ravinia
4355 Ashford Dunwoody Rd.
Atlanta, GA 30346
www.cpravinia.com

The guestroom rate for this program is \$109 plus tax.

Click [here](#) to make a reservation at the special reduced rate.

<http://www.ihg.com/crowneplaza/hotels/us/en/atlanta/atlcp/hotel/detail>

Planning Committee

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