

Ortho/Sports Physical Therapy Scheduling Practices

Monday, March 05, 2018

26

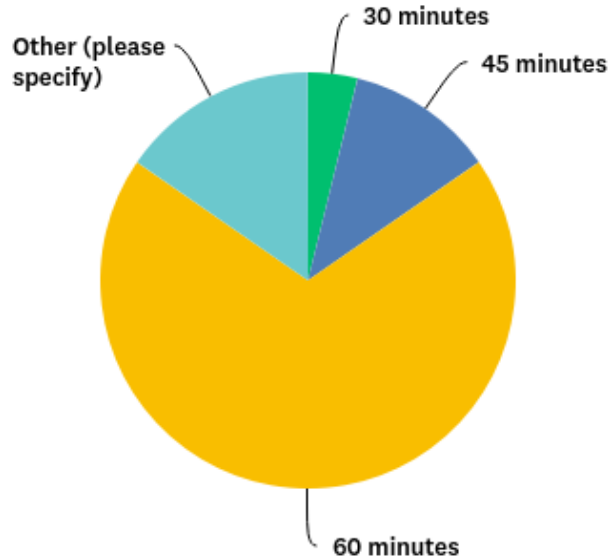
Total Responses

Date Created: Monday, February 19, 2018

Complete Responses: 26

Q1: What is the scheduled duration of your typical evaluation?

Answered: 26 Skipped: 0



Other:
90 minutes or greater

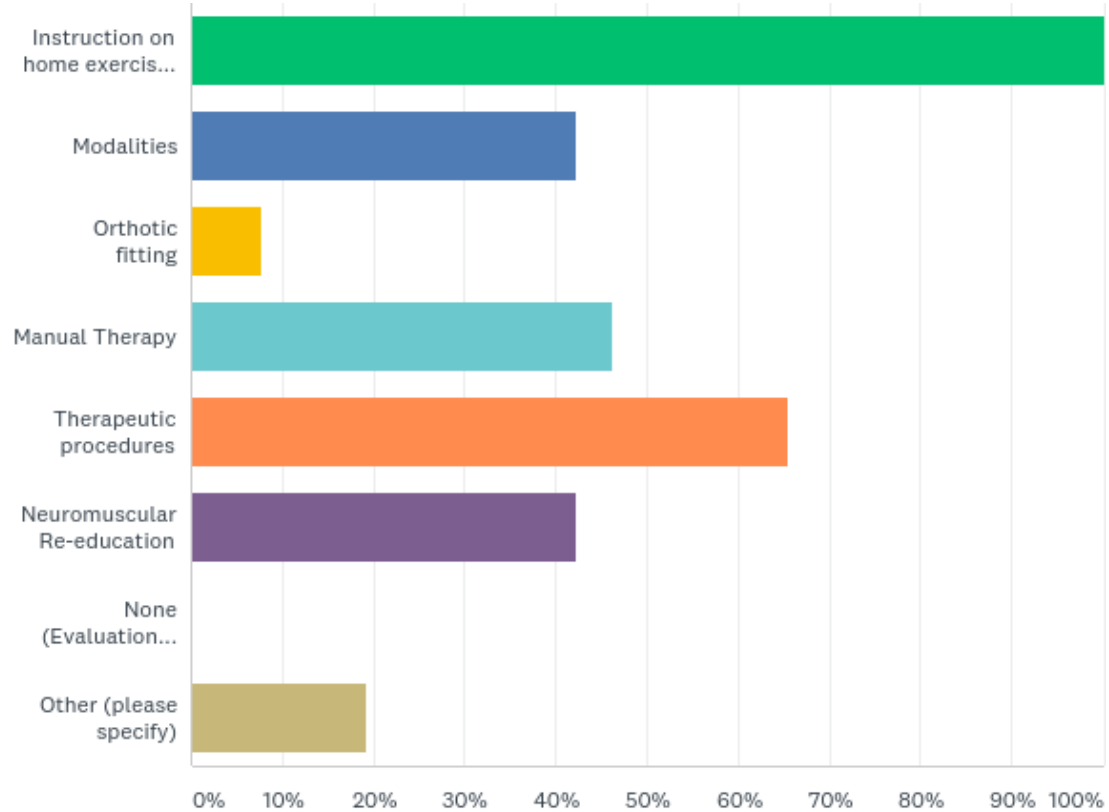
Q1: What is the scheduled duration of your typical evaluation?

Answered: 26 Skipped: 0

ANSWER CHOICES	RESPONSES	
30 minutes	3.85%	1
45 minutes	11.54%	3
60 minutes	69.23%	18
Other (please specify)	15.38%	4
TOTAL		26

Q2: What treatment do you provide during the initial evaluation?

Answered: 26 Skipped: 0



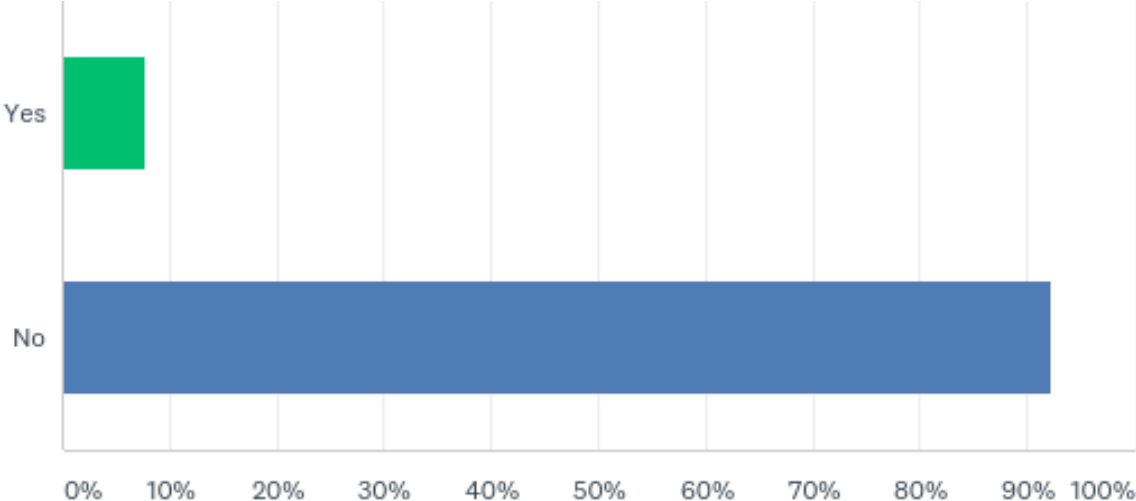
Q2: What treatment do you provide during the initial evaluation?

Answered: 26 Skipped: 0

ANSWER CHOICES	RESPONSES	
Instruction on home exercise program	100.00%	26
Modalities	42.31%	11
Orthotic fitting	7.69%	2
Manual Therapy	46.15%	12
Therapeutic procedures	65.38%	17
Neuromuscular Re-education	42.31%	11
None (Evaluation only)	0.00%	0
Other (please specify)	19.23%	5
Total Respondents: 26		

Q3: Are other appointments scheduled overlapping your evaluations?

Answered: 26 Skipped: 0



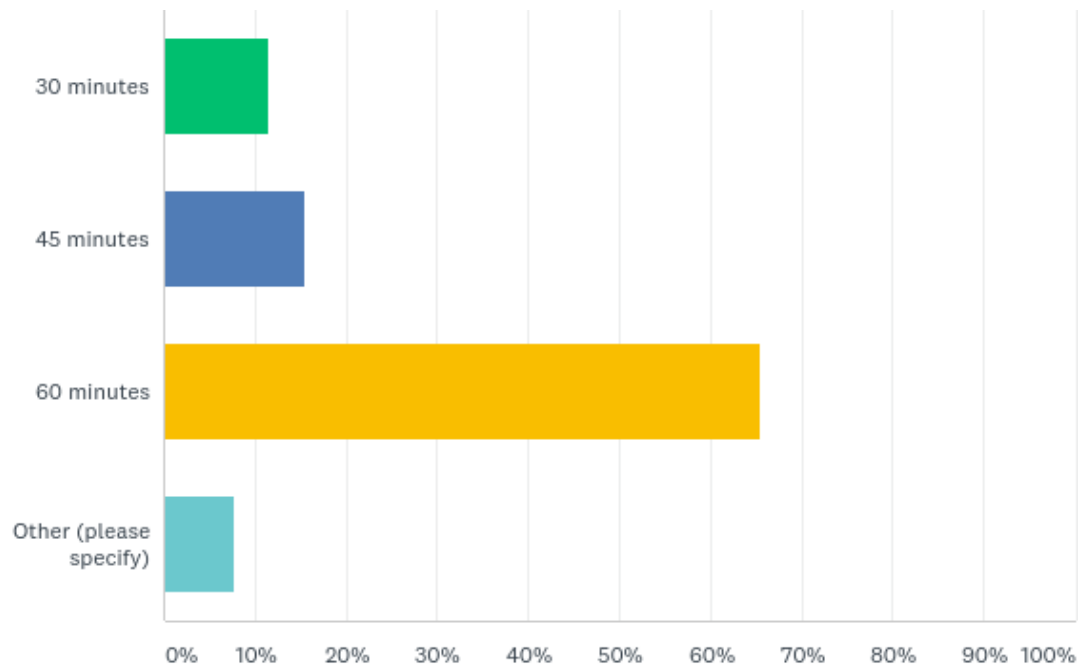
Q3: Are other appointments scheduled overlapping your evaluations?

Answered: 26 Skipped: 0

ANSWER CHOICES	RESPONSES	
Yes	7.69%	2
No	92.31%	24
TOTAL		26

Q4: What is the scheduled duration of a typical follow-up treatment session?

Answered: 26 Skipped: 0



Q4: What is the scheduled duration of a typical follow-up treatment session?

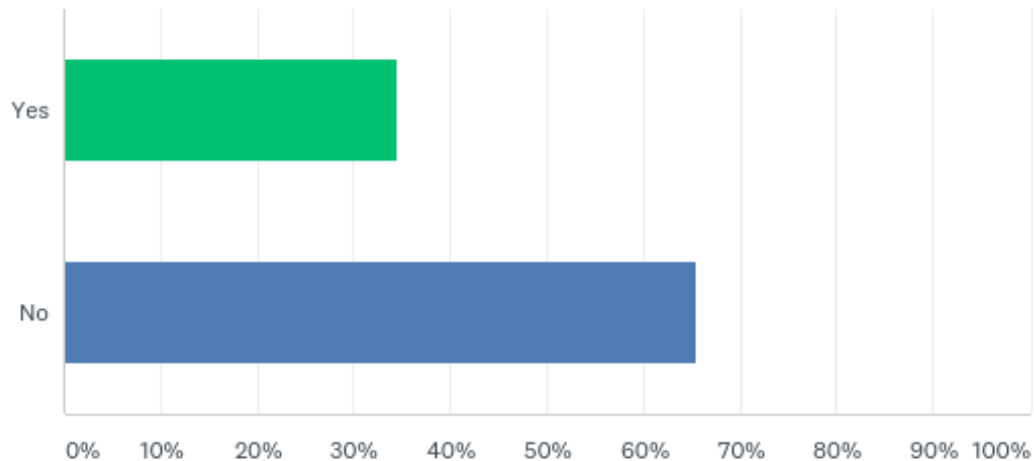
Answered: 26 Skipped: 0

ANSWER CHOICES	RESPONSES	
30 minutes	11.54%	3
45 minutes	15.38%	4
60 minutes	65.38%	17
Other (please specify)	7.69%	2
TOTAL		26

Other: combination of 30 and 45 minute slots

Q5: Are your follow-up treatment sessions scheduled to overlap (e.g. patients scheduled for 60 minute appointments at 1:00, 1:30, 2:00, etc)?

Answered: 26 Skipped: 0



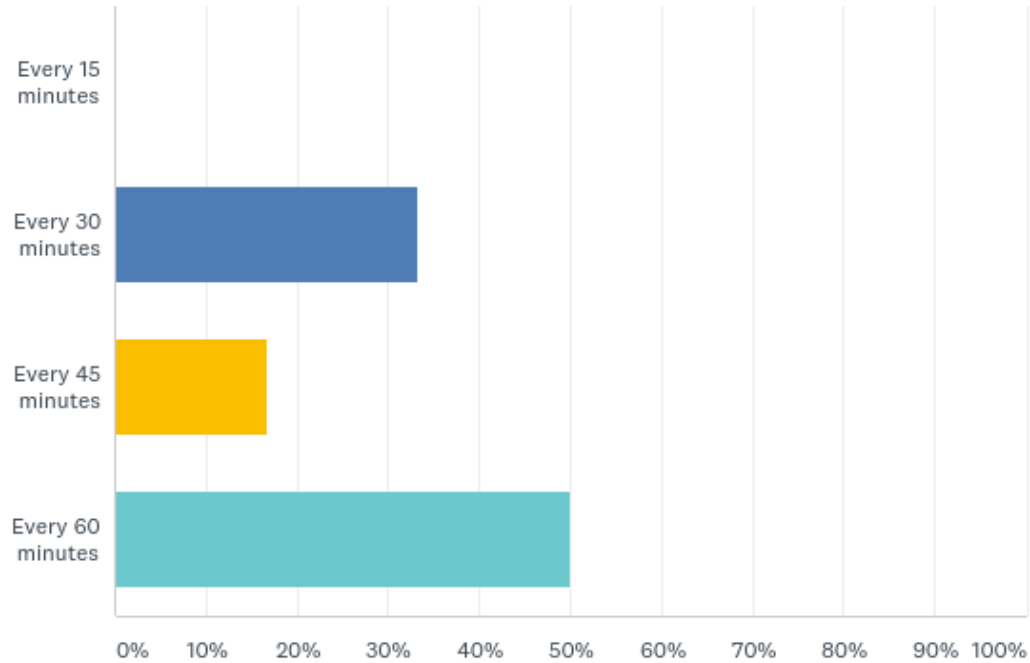
Q5: Are your follow-up treatment sessions scheduled to overlap (e.g. patients scheduled for 60 minute appointments at 1:00, 1:30, 2:00, etc)?

Answered: 26 Skipped: 0

ANSWER CHOICES	RESPONSES	
Yes	34.62%	9
No	65.38%	17
TOTAL		26

Q6: How frequently are follow-up treatment sessions scheduled?

Answered: 24 Skipped: 2



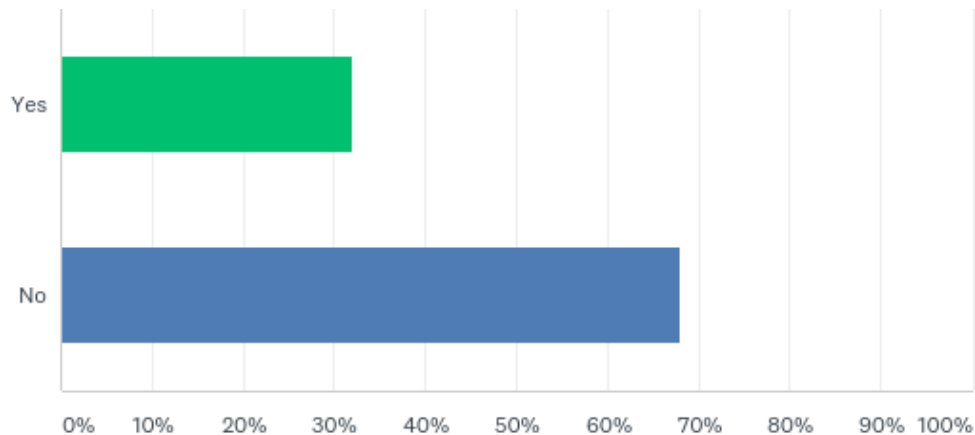
Q6: How frequently are follow-up treatment sessions scheduled?

Answered: 24 Skipped: 2

ANSWER CHOICES	RESPONSES	
Every 15 minutes	0.00%	0
Every 30 minutes	33.33%	8
Every 45 minutes	16.67%	4
Every 60 minutes	50.00%	12
TOTAL		24

Q7: Do your therapists double book follow-up treatment sessions (e.g. two patients scheduled at the same starting time)?

Answered: 25 Skipped: 1



Q7: Do your therapists double book follow-up treatment sessions (e.g. two patients scheduled at the same starting time)?

Answered: 25 Skipped: 1

ANSWER CHOICES	RESPONSES	
Yes	32.00%	8
No	68.00%	17
TOTAL		25

Additional comments:

- Per compliance guidance, we bill any time where more than one patient is being seen at a time by one therapist as “group” and this has become increasingly problematic with insurance (biggest example in our geographic area is CIGNA, where group is a non-covered benefit).
- During surge and patient acuity
- Only on an as needed basis
- Based on therapist discretion....no more than 10%
- If insurance allows, if patient are appropriate to double, and if families are in agreement. Billed at ½ the cost of 1:1 session. Billed under “group therapy” CPT code. We only ever have 2 at once per therapist, never more.
- We strive for 1:1 for all treatment and evaluations. All sessions are 60mins, we do allow for a 30 min overlap that will allow for 2 patients to be seen every 90 minutes, though this is the exception rather than the rule.
- #5 and #7 happen occasionally, but we try not to overlap or double book