

Course Description

Focused on bottle feeding strategies, this course provides immediately applicable practical information to help medical, nursing and therapy professionals better identify and treat the factors that impact successful oral feeding of preterm and medically complex term infants. Utilizing a multidisciplinary approach— both in the NICU and after discharge to early intervention through the first six months—the course emphasizes strategies to facilitate infant abilities and develop caregiver feeding skills. Breastfeeding is emphasized as the best feeding method for infants, with some strategies to support breastfeeding as well. The objective is to identify feeding readiness and provide intervention strategies from a framework of normal development. A holistic approach integrating the medical complexity of these infants is emphasized, using the BROSS approach and the SOFFI MethodSM.

Level of Instruction: Intermediate. It is highly recommended that participants have prior experience feeding infants, but it is not required.

Course Objectives

By attending this course, the participant will be able to:

- Identify necessary components of infant development that indicate a readiness to begin and sustain oral feeding, including physiologic, motor and state organization.
- Discuss the development of oral-motor skills in preterm infants.
- Describe the interaction between medical and developmental level as they relate to feeding readiness and the progression of normal feeding skill development
- Identify infants who are not following a normal progression in feeding skill development.
- Use principles of normal development and developmentally supportive care to facilitate feeding progression, to include contributions of both the family and the professional team.
- Identify the influence of various medical conditions on oral feeding success.
- Use the BROSS approach to identify the development of oral feeding skills and use the SOFFI methodSM to guide feeding decisions and to plan supportive intervention strategies.



Faculty

Dr. Ross is the creator of the SOFFI MethodSM, a holistic feeding program for caregivers in the NICU. Erin Ross received her Ph.D from the University of Colorado at Denver and Health Sciences Center in 2007, and her Master's Degree in Speech and Language Pathology in 1988. She completed a two-year Post-Doctoral Fellowship in the Section of Nutrition, Department of Pediatrics, School of Medicine, University of Colorado Denver in 2009. Dr. Ross provides clinical consultation to several NICUs within HealthONE, Denver in addition to providing professional education and research consultation through Feeding FUNdamentals, LLC. She is currently a Clinical Instructor in the Center for Family & Infant Interaction, University of Colorado Denver, and Faculty at the Rocky Mountain University of Health Professions. In addition, Dr. Ross co-teaches the SOS Approach to Feeding (© Kay Toomey), a feeding therapy approach for children transitioning to solid foods, and consults with an outpatient feeding clinic. Dr. Ross' research interests focus on understanding feeding and growth in the medically complex infant, and on identifying and treating feeding problems in infants and children. She brings over 26 years of experience, and provides a perspective that crosses over the initial hospitalization through the first 5 years of life.

Disclosures: Dr. Ross is the creator of the SOFFI MethodSM and is paid for presenting this course. She also has a non-financial conflict of interest as a Medical Professional Council member for the parent-driven group, Feeding Matters. The presentation will focus exclusively on the SOFFI Method and will not include information on other similar or related products.

SOFFI MethodSM: Supporting Oral Feeding in Fragile Infants



March 9-10, 2018

Good Shepherd Rehabilitation Hospital,
Inpatient Pediatric Unit, Bethlehem, PA

The SOFFISM Method is an integrated approach to supporting oral feeding in preterm and in medically complex infants, both in the NICU and in the Early Intervention setting. This two-day course provides the practitioner with evidence-based information regarding feeding development as well as assessment and intervention strategies.

"The use of the SOFFI in conjunction with this (NANN) guideline is highly recommended. The SOFFI algorithm is grounding in similar principles as described in this guideline." (p. 7, Sables-Baus, S., et al., "Infant-Directed Oral Feeding for Premature and Critically Ill Hospitalized Infants: Guideline for Practice", 2013.) **National Association of Neonatal Nurses**

Registration

\$435 Fee. Early Bird registration is **\$400. Must be registered online or mailed by February 21, 2018). Additional discount of \$25 off for groups of 3 or more, registered/mailed in together (\$375 if early bird, \$410 regular fee).** Deadline for registration is 2 weeks prior to the course. Late registration on the day of the course may be available on a space-available basis, for a fee of \$450. Cancellations will be accepted until 2 weeks prior to course, for amount paid minus an administrative fee of \$50. NO REFUNDS after March 1, 2018. If cancelled by Provider, full refund will be provided.

I have read and understand your refund policy. Please register at www.feedingfundamentals.com,

or

Make check payable and return to:
Feeding Fundamentals, LLC
 1602 Atwood Street ■ Longmont, CO 80501
 (720) 320-5757

Course: SOFFI MethodSM at Good Shepherd
 NAME: _____

ADDRESS: _____

CITY/STATE/ZIP: _____

PHONE (HOME/WORK): _____

CELL: (SAME DAY CONTACT): _____

DISCIPLINE & EMPLOYER: _____

EMAIL: _____

PLEASE PRINT CLEARLY! NEEDED FOR CONFIRMATION OF REGISTRATION

Cardholder's name and billing address with zip code if different from above:

Amount to be charged \$435.00 (fill in amount if different) _____

Signature _____

I hereby authorize you to VISA Mastercard

Card Number: _____

Exp. Date: _____ CVV2code (3 digits on back): _____

Please call FEEDING FUNDAMENTALS (720-320-5757) with any SPECIAL NEEDS REQUESTS!

SCHEDULE

FRIDAY, March 9, 2018

7:30	-	8:00	Registration/Refreshments
8:00	-	8:45	Introduction, Welcome & Family Roles and Expectations for Successful Nurturing and Feeding
8:45	-	9:45	Feeding as a Developmental Process – Physiologic, sensory and state Development
9:45	-	10:00	Break
10:00	-	11:45	Feeding as a Developmental Process – Oral-motor development
11:45	-	12:45	Lunch
12:45	-	1:30	Feeding as a Developmental Process – Across the first year!
1:30	-	3:00	Medical Issues that Impact Feeding Skills: Chronic Lung Disease, Cardiac Defects, Oral-Motor Deficits, Gastro-intestinal Disorders
3:00	-	3:15	Break
3:15	-	4:30	Effects of the NICU Experience: Changing the focus from volume to skill to build a foundation for optimal feeding and growth
4:30	-	5:15	Developmental Steps to Eating: The BROSS approach
5:15	-	5:30	Introduction to the SOFFI Method

SATURDAY, March 10, 2018

8:00	-	10:15	Using the SOFFI Method to Guide Decisions Regarding Readiness and Interventions for Infants Not Nipple Feeding
10:15	-	10:30	Break
10:30	-	11:45	Using the SOFFI Method to Provide Supportive Interventions for Nipple Feeding (1)
11:45	-	12:45	Lunch
12:45	-	2:15	Using the SOFFI Method to Provide Supportive Interventions for Nipple Feeding (2)
2:15	-	2:30	Break
2:30	-	4:00	Using the SOFFI Method to Provide Supportive Interventions for Nipple Feeding (3)

Location

The course will be held in the Inpatient Pediatric Unit at Good Shepherd Rehabilitation Hospital, 2855 Schoenersville Road, Bethlehem, PA 18017.

What People Are Saying:

"There is such a wealth of information in this course. I learned/re-learned so many new things that this could have been a semester-long graduate class. Erin Ross presents information clearly and concisely and in a relatable manner. She is easily approachable for questions, clarifications and discussions." Emily Tricarico

"I have been to many feeding seminars and by far this was one of the best. I enjoyed the global perspective on feeding and realistic intervention strategies." Maxine Nevers-Reynolds

This course is offered for 1.45 ASHA CEUs (Intermediate Level, Professional content area). This course will delineate special concepts and treatment variations for specific feeding problems.



STAR Institute for Sensory Processing Disorder is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech/language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 1.45 AOTA CEUs. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.



**SINGLE COURSE APPROVAL
 APPROVED PROVIDER PROGRAM**
 The American Occupational Therapy Association, Inc.