

Building Teams & Preventing Burnout: Strategies to Maximize Effectiveness of the Pediatric Rehabilitation Team

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Group Discussion Questions

- 1. What is my organization/work unit currently doing to prevent or deal with burnout? Are there areas for improvement?
- 2. Are any individuals in my work unit exhibiting signs/symptoms of burnout? Where do I fall on the burnout-engagement continuum?
- 3. How can we encourage improved work-life balance?
- 4. How well does my unit work as a team? How could we improve our cohesiveness?

Survey Monkey Link

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CEUs

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